**Maintain Don't Gain Tracking Sheet**

Name of Employee: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Initial weigh in: \_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_ Manager initials \_\_\_\_\_\_

End weight: \_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_ Manager initials \_\_\_\_\_\_

Please keep in employee file until end of contest. All sheets will get faxed to **Jes Snyder** upon conclusion of contest.